



THERE ARE TWO THEMES INTERTWINED THROUGHOUT:

We grew from one cell into the being we are now. In order for that cell to grow, develop and continue to function, it must contain a power. Some call that power Nature, Consciousness, Energy, God, Universal Intelligence plus any other number of names, as no one knows what it is. It is, for example, keeping our heart beating perfectly right now, so then may that same principle apply to the process of our thinking, and then what could that mean.

It may be said that most disease is caused by suggestion and if you will, autosuggestion. We do, of course, get sick by something physical getting in or on the body, though much of our illness can come from wrong thinking. All too often we think about what we do not want and then get the corresponding results. Health, however, should be our natural state.

\$19.95 plus HST

The book is available at the Dojo
or through www.cjoysterpublishing.com