

2013 spring

CN
CATALOG



BALANCE — OLD WORLD PHILOSOPHY NEW WORLD TECHNOLOGY

Nikken was established in 1975 with a single purpose: to provide an environment where Humans can become More.

This is made possible through recognizing and strengthening what Nikken calls the 5 Pillars of Health® — Healthy Body, Mind, Family, Society and Finances. Achieving balance in all of these areas can help produce a more satisfying lifestyle.

Our mission is twofold — to inspire others to discover this new way of life, and to provide them the means to make it their own.

In following that idea Nikken has become the fastest-growing direct selling company in Japanese history. From there, Nikken has spread to 40 countries.



THE COMPANY TODAY

Nikken world headquarters is located in Irvine, California. From this home base, the company supervises operations worldwide, manages research and development and financial activities, and provides support for the thousands of Independent Nikken Consultants.

Among its activities toward promoting a healthy society, Nikken maintains a relationship with Japan's Magnetic Health Science Foundation, the University of California, Irvine Medical Center and is a member of the internationally-recognized Bioelectromagnetics Society.



Nikken is a Trusted Partner of Healthy Child, Healthy World, the organization dedicated to protecting children and adults against chemical toxins. Healthy Child, Healthy World and Nikken share a commitment to create healthy environments where families can flourish.

At Nikken headquarters, this includes socially responsible practices. Nikken follows "green" manufacturing principles and wherever possible uses product packaging that is made of natural materials and/or biodegradable. An extensive solar collection and electrical generation system supports most of the structure's power needs. Our facilities are designed to conserve resources and minimize environmental impact.

SOLUTIONS FOR EVERY PART OF YOUR LIFE

Among the innovations pioneered by Nikken you'll find in this catalog are

- Advanced Magnetic Technology
- Air Wellness® Technology
- Far-Infrared Technology
- KenkoLight® Technology
- Kenko™ Sleep Technology
- Kenzen Wellness® Nutrition
- PiMag® Water Technology
- True Elements® Swiss Organic Skin Care

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Product availability and information in this catalog are subject to change without notice.

REST & RELAXATION

For years, Nikken has been the leader in promoting awareness of a proven fact: that good sleep is fundamental to good health. Other issues include muscular aches that add to fatigue — and physical surroundings that no longer reflect the natural environment in which we're meant to live.



SLEEP THE WAY NATURE INTENDED

Nearly everyone has experienced the effects of poor sleep. Daytime tiredness. Afternoon drowsiness. Feeling sluggish, not enough energy.

The reason? You can't get the rest you need, unless you put yourself in an environment that is naturally conducive to quality sleep.

The Kenko™ Sleep System gives you exactly that. This sleep system includes a revolutionary technology that helps re-create the Earth's magnetic field — an integral part of our normal surroundings for millennia, until civilization interfered. The Kenko Naturest® Mattress Topper and Custom Pillow are

produced from all-natural materials containing no chemicals, unlike conventional mattresses or pillows. This means you're not surrounded by hydrocarbons.

The Kenko Comforter completes the system, with magnets and Nikken Far-Infrared Technology that regulates temperature naturally — providing gentle warmth and releasing excess heat buildup.

All together, the Kenko Sleep System produces the conditions that your body is actually meant to sleep in. The first time you use it, you'll notice the difference that makes.



KENKO™ SLEEP SYSTEM

- MADE WITH NATURAL MATERIALS, NO CHEMICAL ADDITIVES
- SUPPORT AND PASSIVE MASSAGE TO HELP PREVENT BACKACHE
- FAR-INFRARED ENERGY REGULATION FOR IDEAL SLEEP TEMPERATURE

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KENKO NATUREST® MATTRESS TOPPER

The Kenko Naturest Mattress Topper includes patented RAM Technology to produce a series of overlapping magnetic fields that enfold and surround you. The physical foundation of the Kenko Naturest Mattress Topper is pure natural latex — which provides a blend of support and comfort. An organic, natural-fiber cover promotes ventilation, helps to regulate temperature and offers resistance to flammability without adding the chemicals that some other sleep products require. The surface of specially molded massage nodules is the final touch.

#1151	TWIN
#1152	FULL
#1153	QUEEN
#1154	KING
#1158	CAL KING (special order)



KENKO NATUREST® CUSTOM PILLOW

Inside the Kenko Naturest Custom Pillow is a special filler of shredded pure natural latex. It's designed so that you subtract or replace filler to achieve the desired degree of firmness — your personal perfect fit. The latex resists being compressed flat, unlike a down or foam pillow. It's also a natural material, as is the cover — for improved ventilation and coolness. Deep within the Custom Pillow is patented RAM Technology and an orthopedic support for comfortable head and neck alignment.

#1155

KENKO™ COMFORTERS

- ABSORB AND REFLECT NATURAL ENERGY TO KEEP YOU WARM
- SELF-REGULATING TO RESPOND TO TEMPERATURE CHANGES
- BREATHABILITY REDUCES EXCESS HEAT BUILDUP



KENKO DREAM® COMFORTER

A perfect balance of comfort for all climates, the Kenko Dream Comforter can help you get the relaxing, refreshing sleep you need. It has Ionic Comfort Technology — an idea based on the negative ions found in soothing outdoor settings. Chitocotton, another innovation, contains a natural substance believed to have bacteriostatic properties. A magnetic layer complements the magnets in your Kenko Naturest Mattress Topper, and Far-Infrared Technology is provided by ceramic-reflective fibers. The breathable cover is finished in an elegant, satiny weave that dresses up your bed.

TWIN	66" X 86"	Fill wt 758 g	#1264
FULL/QUEEN	86" X 86"	Fill wt 999 g	#1265
KING	102" X 90"	Fill wt 1,271 g	#1266



KENKO DREAM® LIGHT COMFORTER

The Kenko Dream Light Comforter offers Nikken advanced thinking in a lightweight, all-season design. Nikken Magnetic Technology, Far-Infrared Technology and Ionic Comfort Technology are featured, as is the Chitocotton layer. The cover is a silky smooth, breathable fabric to help keep you cool on warm nights, cozy on cooler ones.

TWIN	66" X 86"	Fill wt 600 g	#1267
FULL/QUEEN	86" X 86"	Fill wt 800 g	#1268
KING	102" X 90"	Fill wt 1,100 g	#1269



KENKO POWERSLEEP™ MASK

The PowerSleep Mask has patent-pending DynaFlux™ Magnetic Technology that increases depth of field and penetration. Far-Infrared and Ionic Comfort (negative-ion) Technology are added, for soothing and invigorating rest. With a cool and comfortable washable surface, adjustable strap and travel pouch, the PowerSleep Mask completes the relaxation environment that is created by the Kenko™ Sleep experience.

#16821 SINGLE
#16822 (2 PACK)



KENKO™ TRAVEL COMFORTER

With Nikken Far-Infrared Technology, the Kenko Travel Comforter is the next best thing to having a Kenko Sleep System while away from home.

The dimensions of the Travel Comforter provide a full-size personal sleep cover or mattress topper when unrolled. Or use it at an outdoor concert or sporting event. When folded, the Travel Comforter makes a convenient pillow or seat cushion. The elastic bands permanently attached to the Travel Comforter make it easy to fold into a packable size.

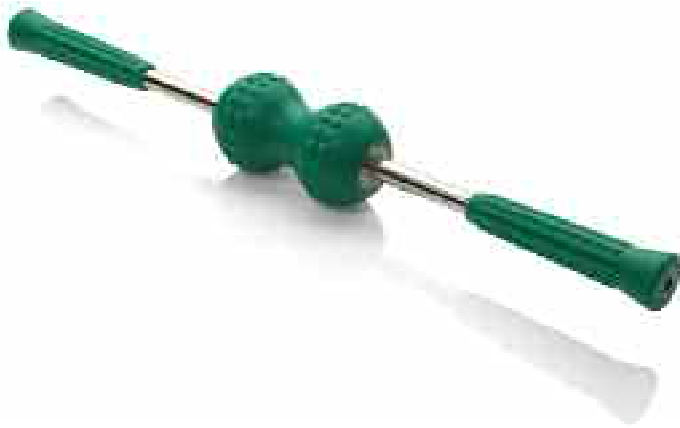
ONE SIZE 41" X 71" #1270



KENKO NATUREST® TRAVEL PILLOW

Orthopedic head and neck support is always important when sleeping or relaxing — but can be difficult to maintain when on the road. The Kenko Naturest Travel Pillow is a shaped support with patent-pending SpyderRAM™ Technology underneath. The filler is pure natural latex. An easy-care, removable cover is woven of certified-organic cotton for natural breathability. The Travel Pillow includes a form-fitting carry bag to keep it clean and ready for use.

ONE SIZE #1277



MAGCREATOR

The foundation of the Nikken Rollout, the MagCreator has specially engineered components that add increased stimulation to its fluid rolling action.

The MagCreator features Nikken 800-gauss magnetic technology, superior stainless steel construction, a balanced bearing housing and comfortable handgrips.

#1330



*In your home, office
and car – make every
seat a KenkoSeat.*

KENKOSEAT® II

Everyone who sits can benefit from the KenkoSeat II. SpyderRAM™ Technology places spheroid magnets in a weblike matrix that will contour to any shape. The KenkoSeat II core is pure, natural latex — exceptionally supportive, hypoallergenic and breathable. The nylon cover is ventilated and durable. KenkoSeat II attaches easily to a seat or chair and is portable for convenience.

#14092

MAGNETIC BIAXIAL ROTATION

- PATENTED TECHNOLOGY PRODUCES A DYNAMIC MAGNETIC FIELD
- SOOTHING MASSAGE ACTION
- ERGONOMIC DESIGN

10



BIAXIAL POWERMAG®

The 1,800-gauss PowerMag represents a unique, literally revolutionary advance in magnetic science. Revolving magnets that also rotate on a second axis create a field of magnetic energy that is dynamic rather than stationary. The direct-drive mechanism has only three moving parts, for long-lasting reliability.

The PowerMag can be operated with four AA batteries (not included) or on ordinary household current with the available AC adapter.

BIAXIAL POWERMAG WITH AC ADAPTER	#23151
BIAXIAL POWERMAG ONLY	#2315

Additional adapters, and a car adapter, are also sold separately.	
ADDITIONAL ADAPTER	#1306

NIKKEN MAGSTEPS®

- MAGNETIC DESIGN, ENERGIZING FOOT MASSAGE
- UNSURPASSED COMFORT AND DURABILITY
- SUPPORTS ACTIVE LIFESTYLES



NIKKEN MAGSTEPS®

Featuring Nikken-exclusive EQL Magnetic Technology and durable, reinforced construction, Magsteps are designed with nodules strategically shaped and placed to provide your entire body with the benefits of an energizing foot massage. And Nikken EQL makes these the only insoles that offer perfectly consistent, 100% magnetic coverage on the entire surface.

Magsteps come in three trim-to-fit sizes for both men and women.

SMALL - SIZES 5-9	#2020
MEDIUM - SIZES 7-12	#2021
LARGE - SIZES 13-18	#2022

NIKKEN MAGSTRIDES®

Magstrides open up a whole new world to active people everywhere. With soft, resilient, high-density foam for superior shock absorption, Magstrides boast unsurpassed comfort and durability through their rugged, ventilated triple-layer construction.

EQL Magnetic Technology provides 100% magnetic coverage. And Magstrides add Nikken Far-Infrared Technology — for natural far-infrared energy.

SMALL - SIZES 5-9	#2024
MEDIUM - SIZES 7-12	#2025
LARGE - SIZES 13-18	#2026

FEEL THE POWER

Magnetic Technology: check.

Far-Infrared Technology: check.

Negative-Ion technology: check.

All three together in a high-powered, flexible and vividly inspiring circle of energy: the Kenko PowerBand®.

As a wristband, or in multiple lengths to form a necklace, belt or whatever you can think of, the Kenko PowerBand with TriPhase® Technology is your power advantage.

PowerBand. Check it out.



KENKO POWERBAND®

The lightweight PowerBand is ideal for wear during sports, for athletes and active people everywhere. PowerBand has Nikken TriPhase® Technology, combining the magnetic component with far-infrared energy and negative ions. The unique clasp that unites each PowerBand also allows you to connect them in multiples.

Nikken Green

NECK # 19302
WRIST (REGULAR) # 19300
WRIST (LARGE) # 19301

Passion Red

NECK # 19305
WRIST (REGULAR) # 19303
WRIST (LARGE) # 19304

Neon Green

NECK # 19308
WRIST (REGULAR) # 19306
WRIST (LARGE) # 19307

Blue

NECK # 19075
WRIST (REGULAR) # 19073
WRIST (LARGE) # 19074

Black

NECK # 19084
WRIST (REGULAR) # 19080
WRIST (LARGE) # 19081

Yellow

NECK # 19085
WRIST (REGULAR) # 19082
WRIST (LARGE) # 19083

Purple

NECK # 19314
WRIST (REGULAR) # 19312
WRIST (LARGE) # 19313

Multi Pack

21 PK. (neck, reg. wrist, lrg. wrist of each color) # 19063

PowerBand Sizes

NECK	19.7"
WRIST (REGULAR)	7.5" (± 0.2")
WRIST (LARGE)	8.7" (± 0.2")



NIKKEN CLASSIC COLLECTION JEWELRY

- TIMELESS, ELEGANT LOOKS FROM LEADING EUROPEAN DESIGNERS
- NIKKEN MAGNETIC AND FAR-INFRARED TECHNOLOGIES
- EXCLUSIVE STYLING AND FINE CRAFTSMANSHIP

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MEN'S STAINLESS STEEL AND ENAMEL BRACELET

Powerful and professional, this bracelet for men emits more than a magnetic field and far-infrared rays. It makes the statement that you are a force to be reckoned with.

19086



WOMEN'S STAINLESS STEEL AND ENAMEL BRACELET

Energize your wardrobe with this bracelet made of high quality stainless steel and rich enamel inserts. It perfectly complements any outfit with a bold, yet elegant design.

19087



WOMEN'S STAINLESS STEEL AND ENAMEL NECKLACE

Look good and feel good with this stylish necklace. The dramatic play of contrasting surfaces in the glossy black enamel and sleek stainless creates a memorable impression.

19088



STAINLESS STEEL AND ENAMEL EARRINGS

Complete your look with earrings that match the necklace, for a totally put-together appearance. The stainless steel posts and backing are naturally hypoallergenic.

19089

WOMEN'S SET, NECKLACE, BRACELET AND EARRINGS

SINGLE (1-EA)

19099

NIKKEN FAR-INFRARED WRAPS AND CM COMPLEX CREAM

- FAR-INFRARED TECHNOLOGY IN KENKOTHERM WRAPS
- COMFORT AND SUPPORT WHENEVER YOU NEED IT
- SOOTHING CREAM FOR RAPID RELIEF

KENKOTHERM® WRAPS



Ankle Wrap

1. ANKLE WRAP - MED
9"(L) X 3½"(W)
9"-14"(C)
#1821



Elbow Wrap

1. ELBOW WRAP - MED
9"(L) X 3½"(W)
11"-13" (C)
#1823
2. ELBOW WRAP - LG
9¼"(L) X 4½"(W)
12"-14" (C)
#1833



Knee Wrap

1. KNEE WRAP - MED
9½"(L), 5½(C/T), 4½(C/B)
#1824
2. KNEE WRAP - LG
9¾"(L), 6½(C/T), 5½(C/B)
#1834
3. KNEE WRAP - XL
10½"(L), 7½(C/T), 6(C/B)
#1844



Wrist Wrap

1. WRIST WRAP - MED
4½"(L) X 2½"(W)
7"-9" (C)
#1825
2. WRIST WRAP - LG
4½"(L) X 3½"(W)
7"-9" (C)
#1835



Back Belt

1. BACK WRAP - MED
UP TO 37" WIDE
#18221
2. BACK WRAP - LG
UP TO 43" WIDE
#18321
3. BACK WRAP - XL
UP TO 48½" WIDE
#18421

	M	L	XL
Ankle Wrap	✓	✓	
Elbow Wrap	✓	✓	
Knee Wrap	✓	✓	✓
Wrist Wrap	✓	✓	
Back Wrap	✓	✓	✓



CM COMPLEX CREAM

Whether you're a seasoned athlete or a weekend warrior, Nikken CM Complex Cream can help soothe the discomfort that comes from living an active life. It combines state-of-the-art ingredients — including cetyl myristoleate — in a non-greasy formula. Choose tube or convenient personal/sample size.

- TUBES (4 fl. oz.) #13071
3-PACK (4 fl. oz each) #13072



FLEX YOUR MUSCLES

MagFlex your muscles. And your bones, and your joints.

When you wear a Kenko MagFlex™ pad you're enjoying the comfort and relaxation you receive from lower back support — along with patent-pending Nikken DynaFlux™ Magnetic Technology, Far-Infrared and Negative-Ion Technologies.

You'll feel the effect every day, when you flex with MagFlex.

POCKET PROTECTOR?

In a sense. The KenkoTherm® Back Belt helps protect your lower back from strain, because it supports your lower back and it includes a pocket that holds your MagFlex pad securely in place.

The Back Belt also features Far-Infrared Technology, in a stretchy, washable fabric.

The MagFlex and Back Belt can each be worn separately.





KENKO POWERCHIP™

The PowerChip includes TriPhase® Technology, combining magnetism with Nikken Far-Infrared Technology and Negative-Ion Technology. The result is a compact yet extraordinary example of Nikken state-of-the-art design. The PowerChip makes an ideal partner with Nikken KenkoTherm® support wraps (see p. 15).

BLACK	#1450
GREEN	#1453
RED	#1454



KENKO POWERPATCH®

PowerPatch features Nikken Magnetic Technology in a convenient size. At the center is a 750-gauss magnetic core, complemented by stimulating raised contact points. The high and low areas introduce variations in the shape of the magnetic field, producing a greater field depth.

The hexagonal PowerPatch surface is long-wearing polymer. Magnets are reusable, and replacement adhesive disks are included.

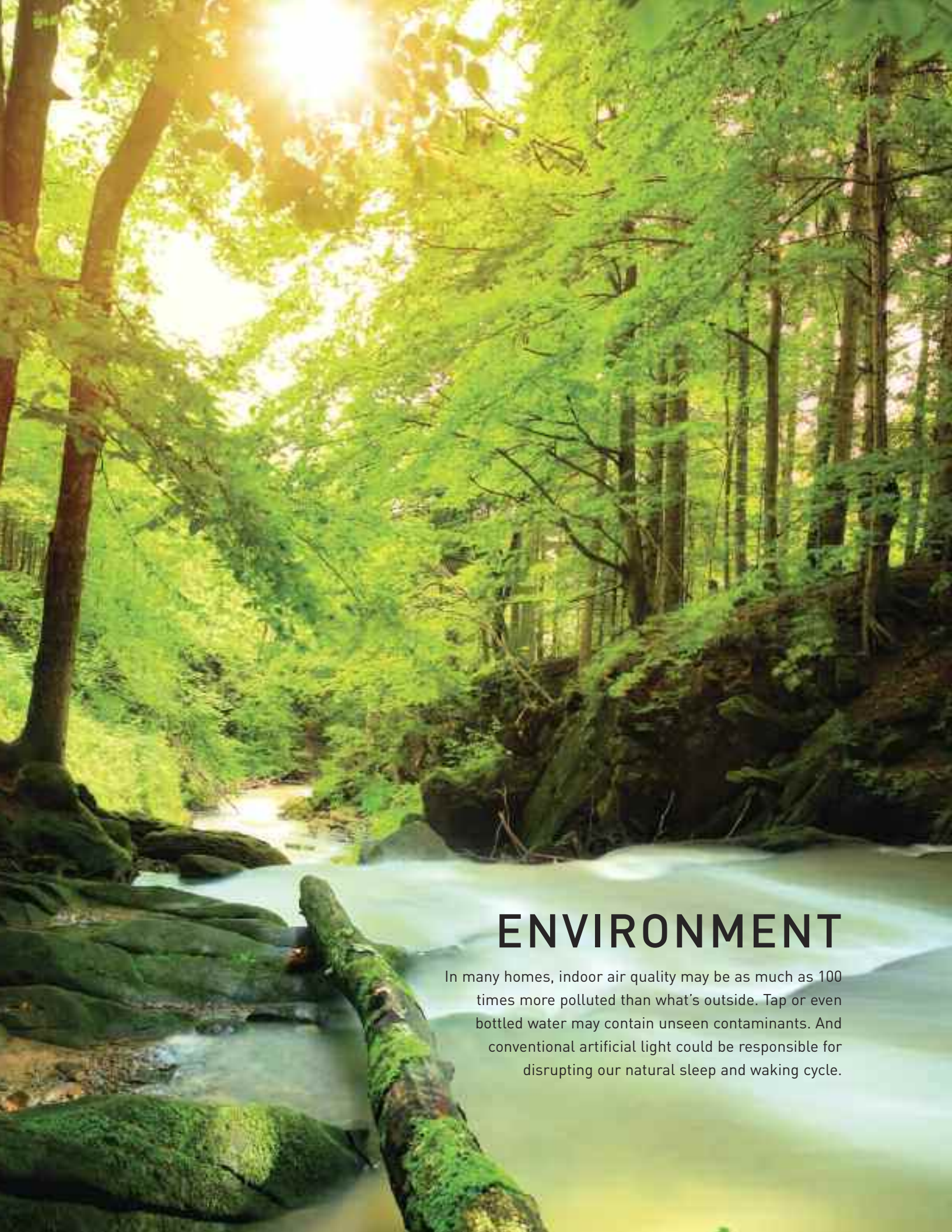
#1456
#1458 6 boxes



MAGDUO™

It's all here: Massaging action, patent-pending DynaFlux™ Magnetic Technology and TriPhase® Technology. Rolling the MagDuo against a surface compresses the massage nodules, causing constant shifts in magnetic angle and a dynamic field of magnetic energy. Special materials fused in the spheres produce negative ions and far-infrared waves. Roll the MagDuo for instant relaxation.

#13201



ENVIRONMENT

In many homes, indoor air quality may be as much as 100 times more polluted than what's outside. Tap or even bottled water may contain unseen contaminants. And conventional artificial light could be responsible for disrupting our natural sleep and waking cycle.

AIR WELLNESS® TECHNOLOGY

- LABORATORY-QUALITY, ADVANCED MULTIPLE-STAGE FILTRATION
- GENERATES NO HARMFUL OZONE
- PRODUCES BENEFICIAL NEGATIVE IONS



KenkoAir Purifier
qualifies as an Energy
Star product.

KENKOAIR PURIFIER™

The absolute standard of excellence in air filtration — combined with “green” technology. The KenkoAir Purifier features multiple filter stages, including an ULPA (Ultra low penetration air) filter, that can deliver performance superior to the systems in many hospital operating rooms, high-tech clean rooms and the laboratories of the U.S. National Institutes of Health.

KENKOAIR PURIFIER	#1441
KENKOAIR PURIFIER REPLACEMENT FILTER PACK	#1444



AIR WELLNESS® TRAVELER

Air on the go. The Air Wellness Traveler offers the same innovative approach to indoor air, in a compact unit - for enjoying better air in an automobile, office space, school dorm room, or practically anywhere.

AIR WELLNESS TRAVELER	#1396
AIR WELLNESS TRAVELER REPLACEMENT FILTER	#13965
ADDITIONAL HOME AC ADAPTER	#13966

AS DEPENDABLE AS GRAVITY

There is nothing more important — and more basic — to good health, than a supply of good water.

Good water hydrates your system effectively. It is filtered to reduce impurities and chemicals that unfortunately are found in most municipal water supplies.*

It includes natural minerals. And very good water can even help to balance body pH, counteract the effect of an acidic environment, and assist in fighting against oxidative damage.

PiMag water is very, very good water. And the PiMag Waterfall provides it for a fraction of what more-complicated, less-reliable water systems cost. Waterfall meets the highest filtration standards, as certified by an independent laboratory. It's compact in size and requires no plumbing or electrical power. You save on space, installation hassle and money.

You're also saving the environment from some of the billions of disposable water bottles that are discarded every year.

Enjoy the economical, practical and responsible alternative to ordinary tap water or expensive bottled water.

The PiMag Waterfall. Depend on it.

PIMAG® WATERFALL™

The PiMag Waterfall is certified with the Gold Seal of the United States Water Quality Association for contaminant reduction, and includes pH adjustment, alkalizing pi minerals and magnetic technology. Its simple gravity-fed operation conserves resources and provides impressively healthy PiMag water at an impressively low price.

Nikken U.S. and international patents pending

GRAVITY WATER SYSTEM	#1384
REPLACEMENT FILTER	#13845
REPLACEMENT MINERAL STONES	#13846



*Nikken has no information on water quality regarding the water supply in your area.

PIMAG® WATER TECHNOLOGY

- ADVANCED, MULTIPLE-STAGE FILTRATION USING NATURAL PROCESSES
- PRODUCES IONIZED, ALKALINE PIMAG WATER TO REDUCE ACIDITY
- THE ECO-FRIENDLY ALTERNATIVE TO EXPENSIVE BOTTLED WATER



PIMAG® SPORT BOTTLE

The PiMag Sport Bottle has the same filtration, pi and magnetic features as in other PiMag products – in a convenient and portable form, to go everywhere with you.

The Sport Bottle has replaceable components for long life, making it more economical as well as more practical than disposable single-use water bottles. The bottle shell is molded from a resin that is not only recyclable and BPA-free but fully biodegradable when discarded in an active microbial environment.

SINGLE	#13501
6-PACK	#13507
REPLACEMENT FILTER/SPOUT (2CT)	#13503



PIMAG® ULTRA SHOWER SYSTEM

Only one shower design combines redox filtration and PiMag Technology. The PiMag Ultra Shower System reduces chlorine up to 90% — without adding chemicals. A superfine 2-micron filter reduces a wide range of other water contaminants, and the unit features pi and magnetic technologies, plus five selectable settings including Pure Mist™ Technology, a deep-cleaning spray.

ULTRA SHOWER SYSTEM	#1383
ULTRA SHOWER SYSTEM REPLACEMENT FILTER	#13831



NIKKEN MAGNA-CHARGER™

Focus-Field Technology is an innovation in magnetic engineering. The concave shape of the powerful, neodymium and ferrite magnetic inserts on the Magna-Charger provides a better fit for pipes. The facing magnetic surfaces are opposite in polarity — this creates the Focus-Field effect, in which the magnetic flux lines are directed at right angles through the water flow.

#1312

BRIGHTEN YOUR DAY — EVERY DAY

Human beings weren't meant to be indoors all the time.

Sunlight is the natural form of visible light, and scientific evidence suggests that this broad, even spectrum of light rays helps us to stay healthy, physically and mentally.

Ordinary man-made lighting can't do what sunlight does. KenkoLight® II can.

Use the energy-efficient KenkoLight II as a desk lamp, bedside lamp, or any lamp. Anywhere.

KenkoLight II. Another bright idea from Nikken.



KENKOLIGHT TECHNOLOGY

- THE BENEFITS OF SUNLIGHT WITHOUT HARMFUL UV RADIATION
- SUPPORTS NATURAL SLEEP/WAKE CYCLE — CIRCADIAN RHYTHM
- MAY BENEFIT MENTAL PRODUCTIVITY, MOOD AND LEARNING ABILITY



KENKOLIGHT® II

KenkoLight II brings the outdoors into your home or office with light as invigorating as sunlight — without eyestrain or glare. It produces full-spectrum, balanced light, plus enhanced blue wavelengths that support the circadian sleep/wake cycle. But none of the sun's harmful ultraviolet (A and B) radiation, so you can enjoy this indoor sunshine all day.

KenkoLight II features LED technology that saves energy and lasts up to 60 times as long as an ordinary bulb. It includes a clock and alarm timer with sunrise lighting to help you waken gradually and naturally.

#1297



NUTRITION & SKIN CARE

Nutrition affects every aspect of health — physical fitness, energy level, recovery from illness and help in fending off the advance of aging. But much of the modern food supply is grown or processed in ways that reduce vital nutrients. Skin is the body's first line of defense against a sometimes hostile environment.

KENZEN WELLNESS® ORGANIC-BASED NUTRITION

- MADE FROM THE WORLD'S BEST WHOLE FOODS
- CAREFULLY SELECTED FOR MAXIMUM EFFECTIVENESS
- A COMPLETE PROGRAM DESIGNED TO SUPPORT THE BODY'S VITAL SYSTEMS

25



KENZEN® MEGA DAILY 4®

Kenzen Mega Daily 4 includes every type of vegetable phytonutrient, including flavonoids, glucosinolates, beta glucans, triterpenes, saponins and carotenoids. These derive from the whole spectrum of vegetable classes – red, orange, yellow, tan and green.

FOR MEN

Mega Daily 4 for Men includes natural herbs including turmeric and green tea extract, and plants such as saw palmetto and Pygmeum africanum.

#13269

FOR WOMEN

Mega Daily 4 for Women includes a blend of traditional herbs such as green tea, dong quai and grape seed extract.

#13268



JADE GREENZYMES®

Called “nature’s perfect food,” barley grass is said to have more nutrition than an equal serving of any other vegetable. From barley grass that produces maximum nutritional yield, Jade GreenZymes is prepared using a cold process to preserve its essence.

50-SERVING JAR

#13553

BOX OF 30 INDIVIDUAL-SERVING PACKETS

#13554



GLUTEN FREE



LISTEN TO YOUR HEART

It's telling you something — about bergamot extract.

Kenzen Bergisterol™ from Nikken is made from a special strain of bergamot fruit, grown in a small region of Italy. Bergisterol is all natural, harvested and blended under strict controls. As a juice extract it is naturally potent, compared to processed capsule powders.

One daily serving of Kenzen Bergisterol includes a generous amount of natural plant sterols. That's a message you can take to heart.





KENZEN® BERGISTEROL™

Science has identified a source of natural sterols – the *Citrus bergamia* Risso variety of bergamot fruit. Kenzen Bergisterol is all-natural bergamot juice, with nothing artificial.

2-PACK #13667



KENZEN® CIAGA™

Ciaga^v is a formulation of organic ingredients including the maqui and açai berries which are renowned for their high ORAC values. Certified-organic Ciaga^v contains no added sugar, preservatives, artificial flavors or colors.

2-PACK #13665



KENZEN® VITAL BALANCE™ VITAMIN, PROTEIN AND PROBIOTIC DRINK MIX

More than a protein shake, Kenzen Vital Balance is designed to support essential biological processes. It includes ingredients that help burn fat and promote elimination of toxins. Probiotics assist in digestive and immune system activity. This organic-based formula has 125 calories, all-vegetable protein, no added salt, sugar, artificial flavors or preservatives.

VANILLA #15598







KENZEN® DIGESTION COMPLEX 4-20™

Kenzen Digestion Complex 4-20 features organic, natural ingredients that support digestive enzymes in acting on all four types of macronutrients: fats, proteins, carbohydrates and fiber. It allows the body to convert this fuel into energy quickly, in assimilating nutrients.

#13471



KENZEN® OMEGA GREEN + DHA™

Omega fatty acids cannot be produced by the body, and must be consumed in your diet. But typical omega supplements are derived from fish oils, from species which may contain toxic materials. In contrast, the source material for Kenzen Omega Green + DHA is vegan-certified, resists spoilage and is easily sustainable.

#13472



KENZEN® 14 MUSHROOM COMPLEX

Combination of different mushrooms, Kenzen 14 Mushroom Complex includes strains that are rich in alpha and beta glucans. These and other compounds are grown under laboratory conditions, carefully cultivated. **Each capsule contains 100% certified organic ingredients.**

SINGLE #1368
3 CT #1369





SKELETON CREW

Bone health is important at any age. Your bones and joints need constant replenishment of the minerals and vitamins that are withdrawn from this chemical storehouse.

Nikken OsteoDenx[®], CalDenx[®] and LF Gold 1.8[®] all play a part. No other products offer so complete a range of vital ingredients for every aspect of skeletal health. OsteoDenx, CalDenx and LF Gold 1.8 support bone strength — to help your bones support you.



LF GOLD 1.8®

A basic building block of life, lactoferrin is an essential protein. LF Gold 1.8 is an alternative to high-fat dairy products. LF Gold 1.8 is natural, not genetically modified, and is made using exhaustive purification methods while preserving the prebiotic qualities of the lactoferrin.

#13584



GLUTEN FREE



OSTEODENX®

OsteoDenx from Nikken is a revolutionary formula which includes a patented, targeted transport system — Syno-Portin Technology™ — to convey vital minerals to the site of absorption, the synovium (joint area).

#13383



GLUTEN FREE



CALDENX®

Calcium is essential for healthy bones and teeth, and key to the function of other body components such as nerve cells. CalDenx offers calcium, magnesium and other elemental nutrients for bone mineralization, as well as vitamins D and K to enhance the uptake of minerals and their metabolism.

#13384



GLUTEN FREE

TRUE ELEMENTS® SWISS ORGANIC SKIN CARE

- PRODUCED WITH ALL NATURAL, ORGANIC INGREDIENTS
- SAFE AND EFFECTIVE PROPRIETARY FORMULATIONS
- PH BALANCED, BOTANICALLY BASED

32



TRUE ELEMENTS® FOAMING FACE WASH

For gentle cleansing, True Elements Foaming Face Wash removes dirt and impurities to leave skin feeling fresh. Unlike other cleansers, it contains no harsh chemicals that strip away essential moisture. Foaming Face Wash includes Nectapure complex, that helps reinforce skin's natural moisture barrier.

#1806



TRUE ELEMENTS® PORE REFINING TONER

The hydrating formula in True Elements Pore Refining Toner removes any remaining traces of oil and makeup without overdrying, and preps skin for effective moisturization. Pore Refining Toner helps minimize the appearance of pores without disturbing skin's natural moisture balance.

#1807



TRUE ELEMENTS® DAILY PERFECTING CREAM

In True Elements Daily Perfecting Cream you'll find specialized plant varieties native to the Alpine region, and natural oils that moisturize to help reduce the appearance of lines. Featuring proprietary Nectapure complex, Daily Perfecting Cream creates a smooth canvas for flawless makeup application.

#1808



TRUE ELEMENTS® INTENSIVE NIGHT CREAM

This nighttime formula includes natural herbal ingredients and extracts in a luxurious cream base to provide extended moisture to skin while you sleep, with no greasy residue. Together with the Daily Perfecting Cream, it helps keep skin hydrated on a 24-hour basis.

#1809



TRUE ELEMENTS® CONTOUR SERUM

Fight back against the effects of time and gravity. True Elements Contour Serum can nourish, plump up creases and maintain natural moisture. An optimized blend immediately helps minimize the visible appearance of fine lines and wrinkles while promoting firmer, smoother looking facial contours.

#1810



TRUE ELEMENTS® EXFOLIATING MASQUE*

A gentle face scrub, True Elements Exfoliating Masque contains fine apricot-stone granules to lightly exfoliate the outer layer of skin, exposing fresher, younger-looking skin beneath. Natural plant oils help preserve moisture while softening and soothing skin for a healthy-looking glow.

#1811



TRUE ELEMENTS® NOURISHING HAND CREAM

Enriched with aloe vera for a soothing effect, True Elements Nourishing Hand Cream will give hands a velvety feel. This non-greasy formula absorbs quickly to provide long-lasting results. Certified-organic shea butter plus olive, macadamia and jojoba oils help preserve youthful softness.

#1813



TRUE ELEMENTS® SWISS ORGANIC SKIN CARE PROGRAM

Foaming Face Wash, Pore Refining Toner, Daily Perfecting Cream, Intensive Night Cream, Contour Serum, Exfoliating Masque, Nourishing Hand Cream (one each)

#18001

*Sunburn Alert: This product contains an alpha hydroxy acid (AHA) that may increase your skin's sensitivity to the sun and particularly the possibility of sunburn. Wear protective clothing and limit sun exposure while using this product and for a week afterwards.



Crew sport sock



Ankle sport sock

NIKKEN® SPORT SOCKS

Sport socks include Far-Infrared Technology that helps regulate temperature. Microscopic copper filaments counteract buildup of static electricity to prevent dryer cling. A cushioned footbed adds comfort, with a built-in arch support and Y-shaped heel configuration for a better fit.

Crew Sport Sock

MEDIUM	# 1767
LARGE	# 1768
EXTRA LARGE	# 17681

Ankle Sport Sock

MEDIUM	# 1769
LARGE	# 1770
EXTRA LARGE	# 17701



KENZEN® PET JOINT PLUS

Your dog or cat depends on good health as much as you do. Nikken recognizes this, and we've added the all-natural Kenzen® 14 Mushroom Complex blend in Kenzen Pet Joint Plus, combined with a formulation that features a concentrated amount of cetyl myristoleate for bone and joint health.

#13741



KENKO™ PETPAD

Made with the same Far-Infrared Technology used in the construction of Kenko Dream® Comforters, the Kenko PetPad provides the breathable warmth of ceramic-reflective fibers. Combined with Advanced Magnetic Technology, it's the ultimate in sleep and comfort for your pet.

ONE SIZE 48" X 30" #1412



SMALL YET MIGHTY— LIGHTWEIGHT, YET HEAVY DUTY—

Relax with the dual-action mystical Kenko MagDuo™... only from Nikken.

SEE PAGE 17.



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